



*Essential Oil
Oracle
Webinar*

empoweryouroils.com

#EYOClub0

Hello There You Magical Being!

We hope you'll LOVE everything!

This is how we define V.I.B.E.S. and this is what Trust Your Vibes is all about!

V – Vibration. Vibration comes to you through visualization, mantra, color, sound, light, aromatherapy, stone, water, intention, plants, meditation, symbolization, herbs and more.

I – Intuition. Intuition, or Inner Knowing, comes to you in so many ways. Learning to listen. Be still and listen is the key.

B – Body. Your body doesn't lie to you. "Gut feelings" are real. Learn to decipher messages from your body.

E – Energy. Let your energy guide your life. Keep it clear. Keep it positive. Remove any negativity (news, social media, people, etc.) Get to know your emotions.

S – Spirit. Trusting a higher purpose/power allows you to trust yourself.



Believe in Miracles

Add essential oils to a 10 ml roller bottle. Fill remainder with fractionated coconut oil. For more potency, double this recipe.

40 drops Magnolia Touch - *Confident*

6 drops Pink Pepper - *Clarifying*

6 drops Douglas Fir - *Renewing*

8 drops Green Mandarin - *Reclaiming*

6 drops Peppermint - *Invigorating*

4 drops Roman Chamomile - *Purposeful*

6 drops Ylang Ylang - *Exuberant*

4 drops Lime - *Enlivening*

6 drops Frankincense - *Unifying*

Custom blend by Desiree Mangandog

Are you ready to uplevel your essential oils use and raise your vibration?

EYO has created a brand new Essential Oil Oracle Series. For the next 13 months, we are going to play and explore ALL THE THINGS and guide you to Trust Your Vibes??

During this series, we will deep dive into expanding our awareness and relationship to our VIBES: vibration, intuition, body, energy, and spirit.

We'll host a LIVE Essential Oil Oracle Reading with a member of Club O (Club Oracle), each of the rest of the pods will dive deeper into that month's theme. We will also be talking about Chakras, Witch's Runes and all sorts of woo things.

We can't tell you how cool this is gonna be. You're gonna have to trust us!

WHO WANTS TO PLAY WITH US???

Enroll at empoweryouoils.com



Trust Your Vibes

The Essential Oil Oracle Series

Essential Oil Oracle Quick Reference

Align	Alignment	Aligned	Integrity	Trusting
Amavi	Stable	Strong	Balanced masculine energy	
Arborvitae	Grace-filled	Trusting	Peaceful	Surrender
Anchor	Steadying	Stable	Present	Supportive
Arise	Enlightening	Intuitive	Enthusiastic	Optimistic
Basil	Energized	Renewed	Rejuvenated	Rested
Beautiful	Self-confident	Self-love	Self-respect	Worthy
Bergamot	Self-acceptance	Optimistic	Confident	Hopeful
Birch	Supported	Resolute	Connected	Strengthened
Black Pepper	Honest	Authentic	Courageous	Self-aware
Blue Tansy	Inspired	Initiative	Motivated	Purposeful
Cardamom	Objective	Self-control	Respectful	Patient
Cassia	Courageous	Unashamed	Valued	Confident
Cedarwood	Connected	Belonging	Social	Supported
Cilantro	Unattached	Cleansing	Liberated	Untroubled
Cinnamon	Healthy sexuality	Intimate	Accepted	Body Acceptance
Clary Sage	Clarity	Intuitive	Imaginative	Open-minded
Clove	Empowered	Clear boundaries	Protected	Independent
Copaiba	Forgiven	Worthy	Redefined	Purposeful
Coriander	Integrity	Inner guidance	True to self	Unique
Cumin	Balanced ambition	Respectful	Abundant thinking	Considerate
Cypress	Trusting	Flowing	Adaptable	Flexible
Dill	Engaged	Motivated	Integration	Mental Clarity
Douglas Fir	Wisdom	Respectful	Generational healing	Healthy connections
Eucalyptus	Empowered	Well	Responsible	Liberated
Fennel	Responsible	Satiated	In tune with body	Integrity
Frankincense	Enlightened	Wisdom	Spiritually connected	Loved
Geranium	Trusting	Loving	Tolerant	Open
Ginger	Empowered	Committed	Capable	Responsible
Grapefruit	Body acceptance	Respect for body	Meeting physical needs	Nourished
Green Mandarin	Excited	Wonder	Innocent	Fearless
Helichrysum	Comfort	Whole	Courageous	Hopeful
Holiday Peace	Contemplative	meditative	Generational healing	Restored
Jasmine	Trust	Intimate	Pure	Healthy sexuality
Juniper Berry	Safe	Protected	Courageous	Dreaming
Kumquat	Awareness	Authentic	Honest	Sincere
Lavender	Safe	Expressive	Open	Calm

Lemon	Trust	Focused	Energized	Alert
Lemongrass	Clarity	Cleansing	Simplicity	Letting Go
Lemon Myrtle	Clarity	Intentional	Mentally invigorating	Rational
Litsea	Enlightened	Manifesting	Inspired	Aligned
Lime	Energy	Zest for Life	Engaged	Courageous
Magnolia	Connected	Insightful	Perceptive	Respectful
Manuka	Comforted	Upheld	Shielded	Cared for
Marjoram	Trust	Connected	Warm	Loving
Melaleuca	Safe	Energetic Boundaries	Respectful connections	Resilient
Melissa	Enlightened	Joyful	Integrity	Enlightened
Myrrh	Love	Nurtured	Safe	Trusting
Neroli	Love	Committed	Kind	Intimate
Oregano	Awareness	Humble	Willing	Nonattachment
Patchouli	Peace	Balanced	Moderation	Body connection
Peppermint	Joy	Buoyant	Optimistic	Relieved
Petitgrain	Clarity	Chain-breaking	Pioneering	Healthy family connections
Pink Pepper	Equal	Compassionate	Merciful	Self-acceptance
Red Mandarin	Joy	Fulfilled parenting	Refreshed	Cherished
Roman Chamomile	Enlightened	Purposeful	Guided	Peaceful
Rose	Loved	Compassionate	Healing	Empathy
Rosemary	Knowledgeable	Mental clarity	Knowledgeable	Teachable
Sandalwood	Enlightened	Devotion	Humble	Devotion
Siberian Fir	Perspective	Wisdom	Adapting	Forgiveness
Spearmint	Clarity	Confident Speech	Articulate	Courageous
Spikenard	Joy	Grateful	Acceptance	Content
Star Anise	Whole	Powerful	Thriving	Expansive
Tangerine	Cheerful	Spontaneous	Creative	Fun
Thyme	Tolerant	Forgiving	Patient	Understanding
Turmeric	Faithful	Resilient	Confident	Restored
Vetiver	Peace	Centered	Grounded	Present
White Fir	Clarity	Generational Healing	Free	healthy patterns
Wild Orange	Joy	Abundant	Sense of humor	Playful
Wintergreen	Trust	Surrender	Relying on the Divine	Letting go
Yarrow Pom	Energetic Safety	Strong Boundaries	Centered	Clear
Ylang Ylang	Joy	Freedom	Playful	Intuitive
Immortelle	Spiritual Insight	Enlightened	Transforming	Hopeful
DDR Prime	Empowered	Balanced	Rebirth	Transforming
Purify	Purification	Clarity	Unencumbered	Cleansing
Console	Consolation	Comforted	Whole	Serene
Zendocrine	Energy	Revitalized	Unrestricted	Clear
DigestZen	Clarity	Assimilation	Enthusiastic	Nourished
Motivate	Empowered	Motivated	Encouraged	Energized
InTune	Peace	Focused	Committed	Present
Balance	Peace	Grounded	Connected	Stable
Holiday Joy	Comfort	Connected	Celebratory	Warm
Hope	Comfort	Hopeful	Healing	Rebirth
Passion	Empowered	Passionate	Risk-taking	Spontaneous

Citrus Bliss	Joy	Invigorated	Creative	Motivated
Elevation	Carefree	Bright	Joyful	Carefree
AromaTouch	Peace	Relaxed	Balanced	Flexible
Slim & Sassy	Acceptance	Beautiful	Worthy	Beautiful
ClaryCalm	Trust	Vulnerable	Serene	Receptive
TerraShield	Safe	Self-contained	Boundaries	Self-contained
OnGuard	Safe	Protected	Capable	Independent
Peace	Peace	Peaceful	Content	Serene
Forgive	Love	Forgiving	Understanding	Tolerant
Breathe	Comfort	Loved	Cared for	Receiving
Serenity	Peace	Calm	Tranquil	Compassionate
Deep Blue	Comfort	Soothed	Serene	Strengthened
Sunny Citrus	Joy	Spontaneous	Carefree	Optimistic
PastTense	Relaxed	Relieved	Calm	Grateful
HDClear	Acceptance	Worthy	Self-acceptance	Worthwhile
Cheer	Joy	Cheerful	Uplifted	Hopeful
Whisper	Love	Gentle	Accepting femininity	Soft

About Empower Your Oils

Empower Your Oils is a podcast about essential oils bringing play and magic together with a saucy twist. Each week, teach how to use essential oils as oracles and we bring more intention and ritual to our lives powered by dōTERRA Essential Oils. We would love for you to join us!

Join Club Ō and Play With Us!

www.empoweryouoils.com/trust-your-vibes

Gina Garris is a lover of LOVE. She has infused her life with sharing love as a woman, healer, teacher, and mentor. Gina naturally creates a sacred space of awareness, acceptance, and appreciation of all aspects of you and encourages you to do the same. She weaves in magic and ritual in all aspects of her life, including a sacred pooping ritual. Who does that, right? Gina loves crab-cheese wantons, donut holes, and long love-making sessions. She enjoys white-cake for breakfast! She's afraid of the dark so she's a twinkle light junkie. She also thrives on facilitating sexuality and sacredness conversations, inviting more playfulness into a seemingly uptight world. You can find her at blisscoach.com



Janet Bergin is a Creative Brand Coach and the SHE-E-O of Empower Your Awesomeness. In addition to her enthusiasm about essential oils, she helps women bring joy and life to their businesses. Janet loves making imperfect pottery, spending time with friends, laughter, and cocktails. She is a yoga enthusiast and can actually do a headstand...she is obsessed with personality quizzes, loves watching movies at the theater WITH popcorn, making art and has a passion for advocating for women. You can find her and all her awesomeness at empoweryourawesomeness.com

Apply to Play with Us!

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To purchase dōTERRA Essential Oils and learn how to earn free products click here:
www.empoweryouoils.com/essentialoils

We are not doctors, scientists, rocket scientists or even bartenders. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Please use wisdom and consider all safety information from a competent reference book regarding essential oil use. There are some oils that should never be taken internally and alcohol doesn't change that. Some oils should not be applied directly to the skin, without a carrier oil. Ensure the oils you are using are of the highest standards of quality. Essential oils can be much more potent than herbs, so a little goes a long way. Use caution when using essential oils for babies and children as they have highly sensitive skin and require less oil. If you are pregnant or nursing, consult a licensed health care professional before applying essential oils. As always, drink responsibly and don't drive. If you happen to drink too much, try the hair of the dog or a shot of water with 2 drops ginger, 1 drop each of lavender and lemon.

Resources:

Doterra.com; Emotions & Essential Oils: A Modern Resource for Healing Emotional Reference Guide by enlightenhealing.com; Modern Essentials Usage Guide: A Quick Guide to the Therapeutic Use of Essential Oils, aromatoools.com; Our Oil Oracle Cards and some essential oil information are from AromaHeal.org We loved these runes teachings and want to credit Alexandra Chauran; We enjoy the simple; presentation of chakra information from Maryann Perrenni